

What is racism?

Racism is a form of discrimination. Racism is being cruel, unfriendly or hurtful to others (such as calling people unkind names, refusing to include) simply because of differences in looks (skin colour, type of hair, clothing), language, types of food...

Racism is never okay!

Racism hurts us all. When we leave people out, we lose a chance to learn from each other and to be the best we can be – kind, generous, positive. In our neighbourhood, province and country, we need to celebrate our amazing diversity. Let's work together and create a world where all people feel like they belong.



Can you make a case against racism?

The case is clear and it is up to you. We can all play a part in making our world a better place. Do you have a personal story that would help others learn about racism? Can you think of ways you and your friends can work together to create a world where we all belong and feel welcome? Can you think of ways we can help people who have been affected by racism?

Make your own CD case against racism!

Want to learn more about making a case against racism? Search for "Make a Case Against Racism" at www.embracebc.ca to learn how you can make a CD case against racism and help spread the word to stop racism!

March 21 – On this day...

British Columbia proclaims March 21 as the International Day for the Elimination of Racial Discrimination. On this day, people all over British Columbia and all around the world will be saying "Stop It!" to racism. Join in.

Need help? Get help.

- Talk to a friend or an adult you trust.
- Call the Youth Against Violence Line: 1 800 680-4264 (toll free)
- Go online to: www.youthagainstviolenceline.com

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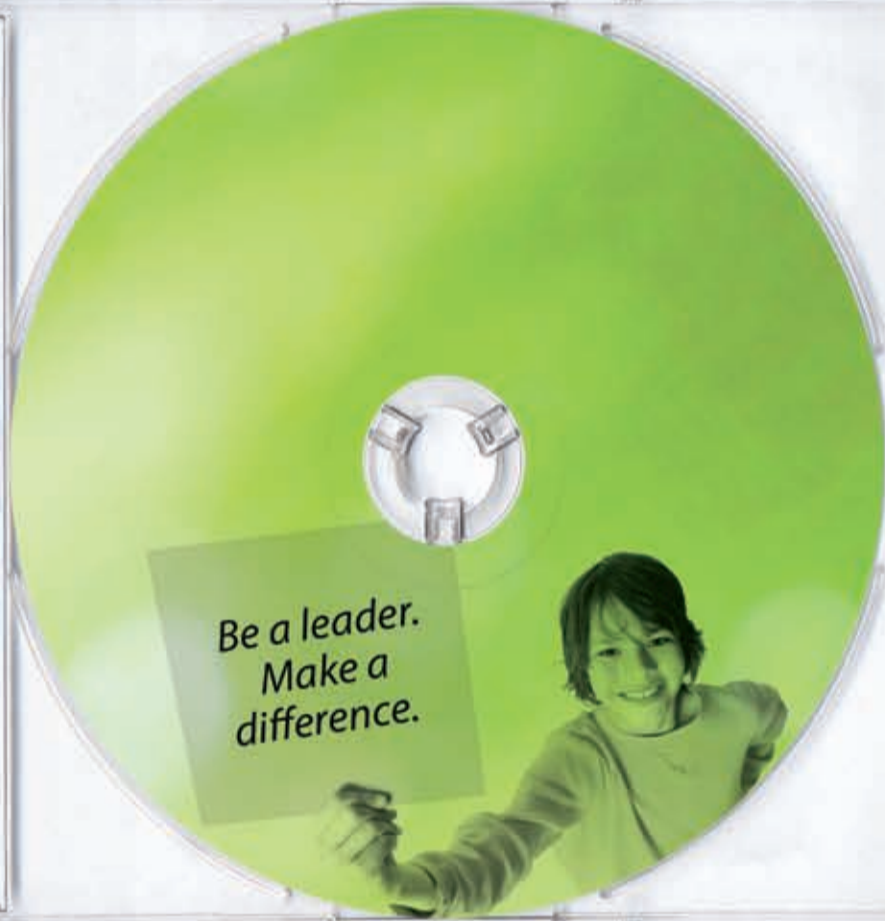
Printed paper with 10 per cent recycled content, free of chlorine; thereby saving 11,840 litres of water and 2,000 pounds of wood; and reducing solid waste by 404 pounds and greenhouse gas emissions by 754 pounds.



Some things to do...

1. Show respect and be kind to everyone
2. Remember words and actions matter
3. Learn how racism hurts each of us
4. Say "no" to racist jokes and behaviour
5. Speak up when you see or hear of someone hurt by racism
6. Stay safe
7. Accept and respect diversity
8. Be proud of who you are
9. Help create a world in which we all belong
10. Know that you can make a difference





**Make
A Case
Against
Racism**



Ministry of
Citizens' Services